



## Pledge for Smart Use of Technology

1. I will get to know the services and Web sites my child uses. If I don't know how to use them, I'll get my child to show me how.
2. I will set reasonable rules and guidelines for computer use by my children and will discuss these rules and post them near the computer as a reminder. I'll remember to monitor their compliance with these rules, especially when it comes to the amount of time they spend on the computer.
3. I will not overreact if my child tells me about a problem he or she is having on the Internet. Instead, we'll work together to try to solve the problem and prevent it from happening again.
4. I promise not to use a PC or the Internet as an electronic babysitter.
5. I will help make the Internet a family activity and ask my child to play games or help plan family events using the Internet.
6. I will try to get to know my child's "online friends" just as I try get to know his or her other friends.

I agree to the above

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Parent(s) sign here

*I understand that my parent(s) has agreed to these rules and agree to help my parent(s) explore the Internet with me.*

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Child(ren) sign here